



Cooking from the Heart: My Favorite Lessons Learned Along the Way (Hardback)

By Chef John Besh

Andrews McMeel Publishing, United States, 2013. Hardback. Book Condition: New. 284 x 241 mm. Language: English . Brand New Book. Cooking from the Heart, Chef John Besh's third cookbook, revisits the locations, lessons, and mentors that shaped his culinary journey. From Germany's Black Forest to the mountains of Provence, each chapter highlights heartfelt memories and delicious recipes-the framework for his love of food. The all-new, easy-to-follow recipes, complete with regional substitution suggestions, make creating upscale farm-to-table dishes accessible for any at-home chef. The rich production values and personal narrative make this cookbook an equally engaging read.



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-- **Dr. Catherine Wehner**

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-- **Brian Bauch**