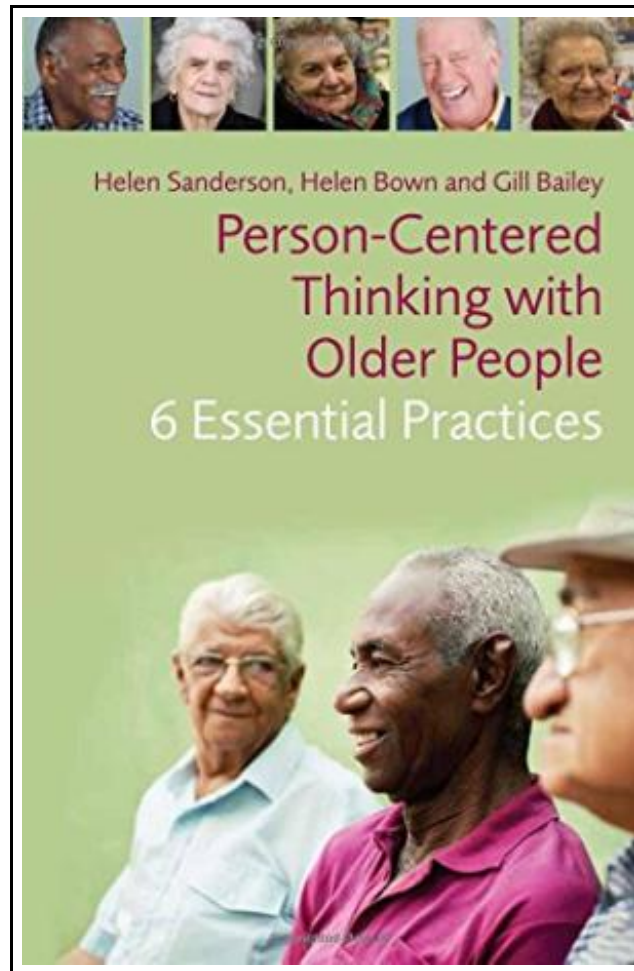# Person-Centred Thinking with Older People: 6 Essential Practices

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PERSON-CENTRED THINKING WITH OLDER PEOPLE: 6 ESSENTIAL PRACTICES

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Jessica Kingsley Publishers. Paperback. Book Condition: new. BRAND NEW, Person-Centred Thinking with Older People: 6 Essential Practices, Helen Bown, Gill Bailey, Helen Sanderson, David Brindle, Dorothy Runnicles, Person-centred practices are a key way to provide the best possible care and support for older people and help them to be active and valued members of the community. Drawing on a wealth of experience of working with older people, the authors present the 6 essential person-centred practices. Each of the practices is designed to support the individual and put what is important to and for the person at the forefront of their care. Each practice has been tailored so that older people can express more easily what does and does not work for them. By actively listening and making each person feel appreciated, the practices represent practical tools for frontline practitioners to form good relationships with people in their care. With supporting stories and full colour photographs to illustrate how person-centred thinking and practice is used in real-life settings, there are many examples to help practitioners to overcome challenges and to really implement positive, effective changes to care. This practical book will be a valuable resource for care staff, social workers and healthcare workers who want to learn about person-centred practices to deliver best practice care and support.

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