



## A New Zen for Women (Hardback)

By Perle Besserman

Palgrave MacMillan, United States, 2007. Hardback. Book Condition: New. 208 x 137 mm. Language: English . Brand New Book. Perle Besserman's adventures in a Japanese Zen monastery provide the groundwork for this lively, heartwarming narrative of a woman's life in Zen. Engaging in cross-cultural dialogues with nuns and laywomen in India, China, Japan, and more, Besserman dispels the notion that women had nothing to do with the founding and sustaining of Zen. She shows how women continue to transform traditional Zen in new and creative ways, integrating the practice of meditation into their lives. Both informative and entertaining, *A New Zen for Women* offers a new look at Western women encountering Zen.



[DOWNLOAD PDF](#)



[READ ONLINE](#)

[ 5.01 MB ]

### Reviews

*This book is great. I have gone through and so I am confident that I will go through once again again in the future. I am just easily can get a satisfaction of looking at a written book.*

-- **Miss Vernie Schimmel**

*The book is easy to study easier to comprehend. I have studied and I am certain that I will gonna read once again once again in the foreseeable future. Your lifestyle span will likely be transformed the instant you comprehensive reading this pdf.*

-- **Dr. Jaydon Mosciski**