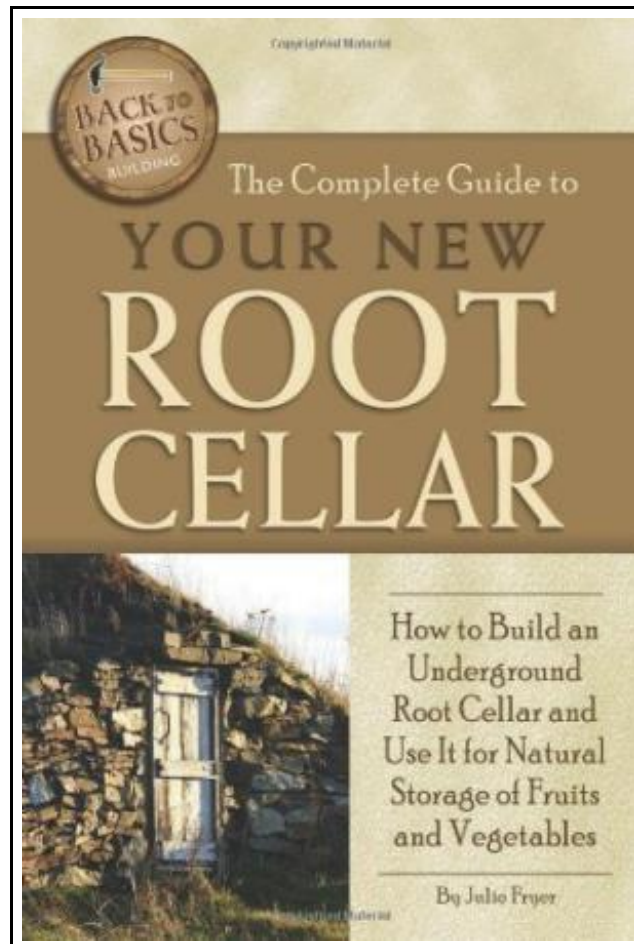


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Atlantic Publishing Co. Paperback. Book Condition: new. BRAND NEW, The Complete Guide to Your New Root Cellar: How to Build an Underground Root Cellar & Use it for Natural Storage of Fruits & Vegetables, Julie Fryer, Fruits and vegetables are some of the most expensive parts of any regular menu in your home. With rising transportation costs, a food increase in the summer of 2008 of almost 2 percent, and continually shrinking supplies, the cost of maintaining a healthy supply of these necessary staples is becoming harder and harder for many families. However, with the right resources and planning, you can take advantage of an age old method of storage that will allow you to buy fruits and vegetables when they are least expensive or to grow your own and store them for future use. This book will walk anyone through the process of building and using a root cellar to store their fruits and vegetables for later use, through the cold winter months when even the most basic items can cost an arm and a leg. Before even starting your root cellar, you will learn the basics of choosing the right crops and planting them at the right time or buying them in advance for your root cellar. You will learn how to know which crops and which specific vegetables and fruits are good to keep and which ones should be left alone. You will learn how and when to bring in the harvest and how to prepare for storage effectively. You will learn the basics of spoilage and what to expect from your foods. You will learn what to expect each winter for multiple month storage and which vegetables and fruits to start expecting in your cellar. You will also benefit from interviews with the top experts in...



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